

ASIAN BISTRO



SUSHI BAR

&

STEAKHOUSE

- Lunch Specials -

Everyday till 5:00 pm

all items below are served w/miso soup or soup of the day

Veggie Combo 15

kyuri avocado, tropical & mexican

Maki Combo 15

california, negi maguro & cucumber

Spicy Combo 16

spicy tuna, spicy salmon & spicy kani cashew

Salmon Combo 15

alaska, spicy salmon & salmon avocado

Tuna Combo 16

negi maguro, blk pep tuna/avo & spicy tuna

Chef's Special 23

rainbow, 4 pcs nigiri & edamame

Grilled Combo 18

grilled salmon, tuna & tilapia

Cooked Combo 16

spider, blk salmon, & salmon skin

Chef's Tempura Special 24

godzilla & shogun

all wraps are served w/spicy fries or garden salad

Grilled Portabella Mushroom Wrap 13

lettuce, tomato, avocado w/unagi sauce

6 oz Lunch Burger 14

beef steak tomato & wasabi mayo

"Fish & Chip" Wrap 15

tomato, avocado, mixed greens & red onion w/
asian tartar sauce

Grilled Salmon Wrap 15

avocado, onion & lettuce w/chipotle sauce

Grilled Chipotle Chicken Wrap 15

mixed greens w/smoked paprika chipotle mayo

Citrus Marinated Hanger Steak Wrap 16

w/arugula, onion & citrus avocado spread

314 Saddle River Road

Monsey, NY 10952

8 4 5 - 5 1 7 - 0 0 2 2

www.metsuyan.com

Personable off site catering available for home, office or any venue.

We Deliver

Under the strict supervision of Harav Zushe Yosef Blech

- Soup & Noodles -

Soup of the Day 4

- Miso Soup** gentle white broth over tofu w/scallions 4
Beef Udon Soup noodles w/slices of beef in roasted broth 12
Yakisoba Noodles wok seared noodles w/a medley of vegetables 9
Tokusan Noodles seared teriyaki salmon & vegetables w/cashews 13
Singapore Noodles wok seared w/a medley of chicken & vegetables 16

- Appetizers -

- Edamame** steamed organic soybeans 5
Lamb Riblets slow roasted in honey BBQ glaze 15
Vegetable Tempura assorted seasonal vegetables 9
Malaysian Cigars seasoned ground beef & rice noodles 10
Chipotle Onion Boneless Chicken Wings tempura style 12
Kinoko grilled assorted mushrooms w/sweet garlic wine sauce 12
Vegetable Spring Roll carrots, peppers, snap peas, rice noodles w/sesame aioli sauce 8
Dim Sum Dumplings braised chicken pot sticker w/ponzu sauce 9
Sakura Onion Blossom golden sweet vidalia onion 8
Metsuyan Kalbi Ribs tender beef short ribs 18
French Fries spicy or regular 5
Brown Rice 3
Sticky Rice 2

- Salads -

- add 4oz grilled tuna 8 or grilled salmon 6
Chi Salad cucumber, carrot, tai sashimi & kani w/spicy sauce 8
Seaweed Salad lettuce, kani, cucumber, carrot, ginger dressing 10
Tuna Tartare jicama salad, smashed avocado, scallions & wonton crackers 13
Organic Greens mixed greens, tomatoes, cucumbers, mushrooms w/creamy garlic dressing 8
Tuna Carpaccio seared tuna, avocado, mango, cucumber, masago w/wasabi mayo 12
Baby Arugula Salad cashews, dried apricot, mushrooms & lemon cilantro Dijon 8
Mandarin Citrus Salad baby spinach, mango, almonds w/citrus vinaigrette 10
Spicy Kani Salad cucumber, romaine lettuce, crunch & tobiko 10
Garden Salad lettuce, cucumber, carrot, w/ginger dressing 10
Caesar Salad romaine hearts (contains fish) 9

- From The Sea -

- Fish & Chips** curry dusted tilapia tempura w/spicy fries & house wasabi mayo 14
Miso Glazed Salmon w/julienne daikon radish, snow peas, carrots & bell peppers 19
Seared Tuna Tataki julienne carrots, mandarin oranges & wasabi rice noodles 29

- The Wok & Grill -

- Metsuyan House Burger** beef steak tomato, wasabi mayo w/curly fries 18
Grilled Breast of Chicken sesame mashed potatoes, asian long beans w/ginger sauce 23
Chicken Teriyaki wok seared dark meat filet w/stir fried peppers & onions over brown rice 23
Citrus Hanger Steak sesame sautéed vegetables w/dijon shallot emulsion 8 oz/12 oz 26/32
Crispy Duck Breast & Leg sautéed cabbage, sweet potato tempura & asian duck jus 35
20oz Cowboy Steak steak fries, sautéed spinach, onions & mushrooms 42
16oz Rib Eye tempura onion rings & sautéed baby bok choy 36

Beverages

Coke/Diet Coke/Sprite/Diet Sprite/Fresca/Orange Soda/Seltzer 2

Snapple:

Lemon/Diet Lemon Peach/Diet Peach Raspberry/Diet Raspberry 2

San Pellegrino 3.5/5

Arizona Iced-Tea/Green Tea/Diet Green Tea 2.5

Fresh Orange Juice 5

Fresh Carrot Juice 5

Tropical smoothie (blend of seasonal fruits) 6

Hot Tea (Raspberry/Chamomile/Green/Mint) 1.5

please see our separate menu for wine, beer & mixed drinks

Dessert

Seasonal Fresh Fruit

Chocolate Molten Cake w/Vanilla Ice Cream

Brownie Fudge Cake

Chocolate Mousse

Banana Bash

Cheese Cake

all desserts 7

Vegetable Rolls

Kyuri Maki cucumber	5
Avocado	5.5
Kyuri Avocado	5.5
* Mexican tomato, cucumber, avocado, crunch & spicy sauce	5.5
Shibuzake Avocado pickled eggplant	5.5
Gobo-Abo-Kyuri pickled burdock root	5.5
Kanpyo Avocado marinated squash	6.5
Shitake Avocado	6.5
Oshinko pickled daikon	5.5
Horenso Avocado spinach	6
Crunch pear, crunch, cucumber, mayo	7
Tropical mango, kanpyo, avocado, crunch, cucumber	7.5
Sweet Potato nori outside, tempura	8.5
Futo Maki cuc, avo, shitake, kanpyo, gobo, shibuzake, spinach	11.5
Vegi Rainbow tomato, pear, cuc & avocado, mango, kanpyo outside	11
Mango	7
Kyuri-avo-carrot Maki	5.5
Rice Maki	2.5
Grilled Portabella Avocado	7.5
Tamanegi Maki red onion tempura	7.5
* Grilled Jicama Avocado	7.5
Horenso Shitake spinach, mushroom	6.5
Grilled Asparagus	7.5
Yamaha cuc, mango, pear, avocado w/grilled bella outside	11.5

Sushi & Sashimi

2 sushi pieces or 3 sashimi pieces

Honamaguro Tataki (tuna)	7
Sake (salmon)	7
Smoked Salmon	7
Kanpachi (yellowtail)	7
Striped Bass	7
Tai (Sea Bream)	6
Blackened Peppered Tuna	7
Kani (sea legs)	5
Tamago (egg custard)	5
Ikura	7
Bella Mushroom	6
Tobiko (flying fish caviar)	7

Cooked Rolls

* Godzilla tuna, yellowtail, salmon, kani - tempura style	14.5
* Kani Godzilla	12.5
* Shogun tuna, yellowtail, avocado - tempura style	13
Spider crisp kani, avocado, cucumber, lettuce	7
* Tarantula spider, spicy peanut, carrot, cucumber, lettuce	13
Yankee tuna, YT tempura style w/carrot, lettuce & peanuts	13
Grilled Salmon, Tuna, Yellowtail, Tai or Kani	8
Salmon Skin	6
* Blackened Salmon Maki with Mayo	8
Seeyam Maki mango, avocado, mushroom - tempura style	11
* Rice Tempura (add \$2 for vegetables)	8.5
* Volcano yellowtail, avocado, kani & wasabi - tempura style	10

BROWN RICE / SOY WRAPPER

ADD \$1

Fish Rolls

Negi Maguro tuna & scallions	6
Negi Kanpachi yellowtail & scallions	6
California avocado, cucumber, kani	6
Salmon Avocado	6
* Spicy Tuna	6.5
* Spicy Kani Cashew	6.5
* Spicy Salmon	6.5
Alaska smoked salmon & avocado	6.5
Bagel Roll smoked salmon, tofu cream cheese, cucumber	6.5
* Blackened Pepper Tuna Avocado	7.5
Northern Alaska grilled smoked salmon, avocado, mayo	7
* Dragon spicy tuna & avocado outside	11
Peanut Crunch cuc, mango, kani, kanpyo, seaweed outside	11.5
* Sashimi Maki avocado, tuna, nori, no rice	12.5
Rainbow California, w/tuna, YT, salmon, avocado outside	11
Teaneck Maki tropical w/tai & lemon outside	11
* Kiwi Tuna tuna, avocado with kiwi outside	11
Outta Control shitake, kanpyo, mango w/tuna, YT outside	11.5
* Honada spicy peanut, kani, cuc w/mango, tuna, YT, avo outside	13
Ume Tuna kani, salmon, with tuna, ume spice outside	12
* Kawasaki peppered tuna, avocado w/spicy salmon outside	13.5
American Dream tuna, YT, avocado w/seaweed outside	13
Madam Butterfly tuna, salmon, YT, kani, cuc seaweed out	16.5
Boston Garden lettuce, cuc, kani w/tuna, mango outside	12
* Red Dragon tomato, avo, cuc w/blk pep tuna & spicy sauce	13
California Special kani, avocado, cucumber w/masago	9
Zata Salmon mango, pear, avo w/salmon, kanpyo, zatar out	13
Kyoto tuna, tamago, avocado & masago	12
Dancing Tuna tuna & cuc w/mango & avocado outside	11.5
* TNT spicy tuna with avocado & crunch	14
Goldman Maki salmon & avocado with salmon outside	13
* Sahara spicy YT with tuna & masago outside	13
Prince Maki california,- seared tuna & avocado outside	13
* Saddle River Maki tuna, avo w/salmon, YT, jalapeno outside	14
* L'Chaim Maki spicy kani cashew, avocado outside	12
* Spicy Tuna Avocado Sandwich	11
* Super Sashimi Maki yt/jalapeno/mango/-salm/tuna out no rice	18
* Super Dragon kani tempura/avocado/cucumber-spicy tuna out	18
* Sea Breeze spicy tuna/salmon/YT—spicy kani cashew out	14
Rock N Roll soy wrapper w/seared tuna/salmon/YT	14

Sushi Specials

Chirache chef's choice sashimi atop sushi rice	23
Tekka-Don 12 slices of sashimi tuna atop sushi rice	25
Sashimi Regular assorted sashimi served w/soup & rice	30
Sashimi Deluxe assorted sashimi served w/soup & rice	42
Small Platter 4 fish, 4 vegetable, chef's choice	45
Medium Platter 7 fish, 7 vegetable, chef's choice	75
Large Platter 10 fish, 10 vegetable, chef's choice	105
Tokyo Express Rain, Kaw, Drag, 8 sushi & 8 rolls, 4 soups	115
Bento Box 4 pcs sushi, California, salad, spring roll & soup	18
Combo for One Calif, 5 sushi, 16 sashimi, soup & rice	43
Combo for Two Cal, ST, 10 sushi, 29 sashimi, soup & rice	80
Washington Bridge Combo for Four	140

* INDICATES SPICY