



*Let Us
Feed Your Guests
because...*



*Eating Healthy
Never Tasted
This Good!*



Asian Inspired Tapas con Sabor!



*Burritos, Salads
Bowls & Rolls!*

201.837.8888

192 W Englewood Ave, Teaneck, NJ

www.metsuyan.com

glatt kosher / under the strict rabbinical supervision of the RCBC



TASTY TAPAS & APPETIZERS



ASADA DUMPLINGS

seasoned veg beef w/ herbs & spices, pan crisped w/ mexican dipping sauce

7.5 (6pc)



CRISPY SPRING ROLLS

rice noodles, carrots, herbs and spices, fried golden, w/ sweet chili pepper sauce

7.5 (4pc)



EDAMAME FALAFEL

soy beans & chick peas ground together w/ herbs/spices pico & crushed sesame sauce

7.5 (6pc)



GUAC & SMOKED SALMON EGG TOASTS

on crispy toasted naan, baby arugula & blk truffle oil

12.5



MINI TUNA TACOS

crispy wonton shells filled with chopped tuna sashimi, in spicy sauce & jalapeno

12.5 (5pc)



SALSA SUPREMO!

home fried corn tortilla chips w/ veggie chili, soy cream, pico, guac, corn salsa & kimchi

15.5 (subst. fries +4)



FISH BALLS

spicy fish meatballs served w/ a delicious broth, over fragrant basmati rice

13.5 (3pc)



CHILI SAUCE & UDON

sautéed with savory veggie & ses-tofu chili sauce, topped w/ scallions & shredded nori

12.5



TOFU, MUSHROOMS & MOLÉ

pan seared then topped w/ our savory mexican pepper & nut sauce served w/ white or brown rice

15.5

yes we do catering too!

all prices subject to change without notice



CHEF INSPIRED BURRITOS, SALADS, POKÉ & BOWLS

OR YOU CAN DESIGN YOUR OWN!
(DYO)



ASADA WRAP

flour tortilla, basmati rice, asada veef, guac, pico, blk beans, soyr cream, rst peppers lettuce & tortilla crunch

Molé Sauce

12.5

BULGOGI WRAP

flour tortilla, basmati rice, tofu bulgogi, avocado, cabbage kimchi, soy bean sprouts, blk beans, kor. pickles & crispy onions

Spicy Kimchi Aioli

12.5

BAJA WRAP

whole wheat tortilla, crispy white fish fillet, guacamolé, pico de gallo, blk beans, corn salsa, asian slaw & tortilla crunch

Creamy Dill Sauce

13.5

ALASKA WRAP

whole wheat tortilla, blackened salmon fillet, avocado, pico de gallo, asian slaw, crispy onions, tortilla crunch

BBQ Ranch

13.5

BURRITO WRAPS
dyo 12.5 / fish extra



MEXICALI SALAD

romaine, pico, cuc, red pepper, mushroom, avo, corn salsa, black beans hearts palm, asada veef, onion & tortilla crunch

Tequila Lime Sauce

(add salmon +6)

11.5

KYOTO SALAD

sp greens & baby spinach, carrot, tomato, edamame, mushrooms, avocado, soy bean sprouts, scallion, kor. pickles, bulgogi tofu

Mauí Onion Sauce

(add salmon +6)

11.5

GARDEN SALAD

spring greens, tomato, avocado, cuc, mushrooms, onions, olives, chick peas, carrot stix, grilled zucchini, beets & fresh basil

Balsamic Vinaigrette

(add salmon +6)

11.5

COUNTRY SALAD

house mixed greens, tomato, cuc, avocado, asparagus, cauliflower, mushrm, onions, olives, chick peas, green beans, carrot, grilled zucchini & basil

Truffle Vinaigrette

(add salmon +6)

11.5

SALAD BOWLS
dyo 12.5 / fish extra



TUNA POKÉ

sp greens & baby spinach, rice noodles, tuna sashimi, avocado, mango salsa, korean pickles & tomatoes

16.5

SALMON POKÉ

sp greens & baby spinach, rice noodles, salm sashimi, avocado, mango salsa, korean pickles & tomatoes

16.5

HAMACHI POKÉ

sp greens & baby spinach, rice noodles, y tail sashimi, avocado, mango salsa, korean pickles & tomatoes

16.5

POKÉ DELUXE

sp greens & baby spinach, rice noodles, avocado tuna, salm & y tail sashimi, chi salad, mango salsa, korean pickles & tomatoes

21.5

POKÉ BOWLS
dyo 16.5 / 1 fish

All served with Spicy Kimchi Aioli, Toated Sesame Oil & Poké Sauce



CHILI BOWL

basmati rice, veggie chili, guac, soyr cream, cilantro, pico de gallo, corn salsa, cilantro & crispy onions

Sriracha Hot Sauce

12.5

BIBIM BOWL

japanese rice, bulgogi tofu, spinach, soy bean sprouts, carrots, kor. pickles & cabbage kimchi, scallions and fried egg

Toasted Sesame Oil & Spicy Bean Paste

12.5

ASADA BOWL

basmati rice, asada veef, molé, soyr cream, guac, pico corn salsa, cilantro & crispy onions

Molé Sauce

12.5

CHEF'S BOWL

featuring seasonal creations, & vibrant flavors from asia to cuba and between, ask about it!

Weekly

MP

BURRITO BOWLS
dyo 12.5 / fish extra

ask about our delicious soups!

BEVERAGES

Homemade Lemonade 2.0
Iced Tea (unsweetened) 2.0
Bottled Water 1.5

Kombucha 5.0
Canned Soda 1.5